

KINEO PULLEY & SQUAT

TECHNICAL SPECIFICATIONS

Dimensions (LxDxH)

185x90x185 cm

Footprint Area (LxDxH)

185x90x185 cm

Weighth

274 Kg

Electric motor

Nominal power 1.6 kW

Power supply

Tension: 230 V - Frequency: 50/60 Hz

Maximal current: 8 A

Maximum cable extraction

4 m

Min/Max Pulley load

1-110 Kg

Min/Max Squat load

1-220 Kg (up to 440 Kg with dedicated accessory)

Min/Max Isokinetic Speeds

0.1-4 m/s

FEATURES

- Wi-Fi connection and remote control
- 2 15.6" touch-screen displays
- 2 USB ports
- Integrated memory and automatic archive system
- Italian high-quality leather

HARDWARE

- Electric motor that produces variable and controlled torque
- Pulley workstation
- Squat workstation

ACCESSORIES

- Kit Leg Curl
- Kit Leg Press
- Lat Machine
- Squat wooden platform

COMPLIANCE



CE
0476

CE



kineo
INTELLIGENT LOAD

KINEO PULLEY & SQUAT

SOFTWARE CONFIGURATIONS

TRAINING METHODS



ISOTONIC NIT (NO INERTIA)



ISOTONIC WIT (WITH INERTIA)



ELASTIC



SMART VISCOUS



VARIABLE LOAD



ISOMETRIC



ISOKINETIC

TESTS

CONCENTRIC MAX STRENGTH TEST

CONCENTRIC BALANCE STRENGTH TEST

POWER TEST

ECCENTRIC MAX STRENGTH TEST

ECCENTRIC BALANCE STRENGTH TEST

JUMP POWER TEST

ISOMETRIC MAX STRENGTH TEST

ISOMETRIC BALANCE STRENGTH TEST

ISOKINETIC MAX STRENGTH TEST

ISOKINETIC BALANCE STRENGTH TEST

ISOKINETIC CONCENTRIC/ECCENTRIC RATIO TEST



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